



LOURDES CAMP

SUMMER 2022 PARENT/GUARDIAN HANDBOOK

Dear Parent/Guardian,

Welcome to the fun and excitement of Lourdes Camp! Whether your camper is attending resident camp or day camp we hope to make the week fun and entertaining. Included in this handbook are all kinds of information that will help you and your camper get ready for camp.

If you have any questions, feel free to contact us at any of the e-mail addresses below.

Thank you for allowing your camper an opportunity to make new friends, gain independence, and enjoy a wonderful week at camp.

Gregory Vaga, Director

gvaga@lourdescamp.com

Jessica Volz, Assistant Director

jvolz@lourdescamp.com

Leslie Amato, Day Camp Director

daycamp@lourdescamp.com

Kathleen McDonnell, Registrar

registrar@lourdescamp.com



The mission of Lourdes Camp, which is an independent self-supporting entity of Catholic Charities of Onondaga County, is to provide an opportunity for youngsters to grow spiritually, physically, emotionally, and socially in a wholesome, caring outdoor environment. It is a learning experience filled with fun and excitement available to children between the ages of 7-14.

Contact Information

Summer Address

**Lourdes Camp
1150 Ten Mile Point Rd
Skaneateles, NY 13152**

**(315) 291-7031 (camp office)
(315) 291-7027 (infirmary)**

Business Office

**Lourdes Camp, Inc
1654 W. Onondaga St
Syracuse, NY 13204**

(315) 424-1812

SUMMER 2022 DATES

| | |
|------------------------------------|---------------------------|
| Week 1: Shipwrecked | July 3 - 8 |
| Week 2: Color Wars | July 10 - 15 |
| Week 3: Jungle Jamboree | July 17 - 22 |
| Week 4: Christmas | July 24 - 29 |
| Week 5: Disney | July 31 - August 5 |
| Week 6: Across the Universe | August 7 - 12 |
| Week 7: Movie Madness | August 14 - 19 |

Day Camp runs Monday - Friday



SUNDAY REGISTRATION

Registration will begin for campers and families promptly at 3:00 p.m., there is no need to arrive any earlier. Registration is a quick and seamless process. Campers will receive their cabin assignment during this time.

After you check in for registration, if your camper has medication, you will be asked to meet with our camp nurse for the week who will take the medication and answer any questions you may have.

Day Camp registration will also take place during this time. Day Camp families are required to attend Sunday registration. This gives the Day Campers an opportunity to meet the Day Camp Staff, plan out activities for the week, and become familiar with camp.

Our camp store will be open during Sunday drop off and Friday pick up where you can purchase Lourdes Camp apparel.

Arrival: Check in begins on Sundays from 3:00 – 4:30 p.m.

Departure: Friday pick up 3:30-5:00 p.m.

HEALTH & SAFETY

COVID-19 Requirements

This summer we will continue to ask all campers to come to camp with one of the following:

- Proof of COVID-19 vaccination (may be uploaded via CampInTouch account)
- Negative COVID-19 within 72 hours of arrival (PCR and rapid test will be accepted, at home tests WILL NOT be accepted)

Pre Arrival Requirements

Camp families are required to complete all health information prior to their camper's arrival at camp. Families can log into www.lourdescamp.campintouch.com to fill out all required information. The following should be completed prior to your camper's arrival at camp:

- Health History (digital form)
- Summer 2022 Over-the-Counter Form (this form needs a signature from your camper's doctor)
- Immunization Record & Up to Date Physical (families are required to upload their camper's immunization record and most recent physical information from their doctor)
- COVID-19 Vaccination Record (optional)

HEALTH & SAFETY

Continued

Medical Information

Complete the health information online including the vaccination information. Reminder, your camper will not be able to attend camp without completing all required health information.

We have a well-equipped health center on site with an RN in charge of medications and first aid needs 24 hours a day. There are two Urgent Care facilities and two hospitals within a half hour of camp. You can speak to the nurse when camp is in session by calling (315) 291-7027.

Health and Accident Insurance

Lourdes Camp, Inc. carries liability insurance only and does not provide health insurance. If a camper requires medical care by a doctor or hospital, prescription drugs, dental/orthodontic services, and/or eye glass repairs the parent/guardian is financially responsible.

HEALTH & SAFETY

Continued

Lourdes Camp, Inc., is required by law to be licensed by the Onondaga Health Department, Bureau of Environmental Sanitation. On-site inspections take place at least twice yearly. Inspection reports concerning the camp are on file at:

Onondaga County Health Department
Division of Environmental Health
John H. Mulroy Civic Center, 12th Floor
421 Montgomery St., Syracuse, NY 13202

Telephone: (315) 435-6617



PAYMENT INFORMATION

Each resident camp online registration must be either paid in full (\$575) prior to your camper's arrival at camp.

Each day camp online registration must be paid in full (\$315) at the time of registration.

Registrations after June 15th must be paid in full. A \$15 fee is charged for all checks returned due to insufficient funds.

Cancellation/Refund Policy

A full refund, except the deposit, will be issued if cancellation is made within 10 days prior the start of the camper's week. Cancellations made less than 10 days prior to the start of camper's week will receive a 50% refund less the deposit.

In case of injury or illness before camp, if the office is notified and receives a written statement from the attending physician, a full refund will be issued.

Campers leaving their week(s) early will not receive a refund. Campers arriving late will not receive a prorated rate.

CABIN PLACEMENTS

All resident campers are assigned to cabins by age (not grade).

Each camper may request one cabin mate which must be reciprocal.

If more than one camper is listed, only the first camper's name will be considered.

Please do not ask us for more than one cabin mate request. Part of camp is meeting new friends and trying new activities. We take a great deal of time in assigning cabins in order to give your child and others the best camp experience.

Each week we are at capacity and changing cabins is not an option. **We do not overbook or leave beds available in any cabin.**

WHAT TO BRING

Space is limited in cabins so please do not over pack and limit luggage to a footlocker, suitcase, duffle bag, or plastic drawers. Please make sure to label all items. Remember you're packing for a week.

- T-shirts
- Sweatshirt
- Flashlight
- Sleeping attire
- Shorts
- Pants
- Sweatpants
- Socks
- Underwear
- Shoes
- Sneakers
- Bathing Suits
- Water shoes or old sneakers (suggested for swimming)
- Pillow
- Sleeping bag or blankets (we provide the bottom sheet)
- Towels
- Toothbrush
- Toothpaste
- Soap
- Shampoo
- Brush
- Deodorant
- Rain gear

WHAT NOT TO BRING

- cell phones/tablets
- extension cords/outlet strips
- electric fans
- electronic games/devices
- skateboards/skates/scooters
- aerosol cans (small bug spray cans are permitted to be used under supervision of a staff member)
- weapons of any type
- illegal drugs/alcohol
- fireworks
- any item of high monetary or sentimental value

Cell Phones

We have a “no cell phone” policy. Not only are they expensive but they can get lost and the camp environment is not kind to such items. When children attend camp, you are making a decision to transfer their care from you as parents or guardians to us as counselors and directors. Developing a sense of independence is one of the greatest benefits of camp.

We will call you personally if your child is experiencing a challenge in their adjustment to camp. You can help us by talking with your child before they leave for camp and tell them there is always someone they can talk to whether it's a counselor, nurse, or the directors. We're here to help!

HOMESICKNESS

Homesickness is natural for a child when they are out of their comfort zone. Staff are trained to help each camper have a positive experience and get involved with all the wonderful activities at camp. Our assistant director, nurse or director will keep parents informed during all cases of homesickness but encourage parents to allow their camper space to overcome this feeling. Overcoming obstacles is a huge part of camp life.

If parents are having a difficult time being away from their camper, they may call the camp office and arrangements will be made for a staff member to check on the camper.

Campers are NOT available by phone, but love to get cards, letters, packages, and e-mails (one way).

Email Campers

Campers can receive printed emails throughout the day.

If you would like to send an email to your camper please send it to the following address:

mycamper@lourdescamp.com

Please put your camper's name and cabin number in the subject line.

Please do not add attachments or photos to camper emails.

BEHAVIOR POLICY

We have high but reasonable expectations about our camper's behavior. If a child's behavior becomes disruptive as to endanger their own physical or mental safety, or the safety of other campers, a decision will be made to remove them from the program. We seek to follow these steps when handling discipline at camp.

First Offense: Behavior is discussed between camper, counselor, and assistant director. Desired behavior and expectations of camper are discussed; consequences of further negative behavior are clearly spelled out. Assistant director will call home to let parents know the situation.

Second Offense: A meeting between camper, counselor, and assistant director and/or director. Identification of negative behavior is made, and camper is informed that any subsequent actions will result in camper being sent home. A phone call by assistant director or director to the camper's parent/guardian explaining behavior and result if the behavior continues.

Third Offense: A meeting with camper, counselor, assistant director and/or director is conducted. A report is filled out and the camper's parent/guardian is notified to pick child up immediately.

Lourdes Camp has a zero-tolerance towards bullying, harassment, and other behaviors that create a physically or emotionally unsafe environment. Campers engaging in these behaviors will be subject to disciplinary action and may be sent home early (without a refund) and denied re-admission to the camp in the future.

Campers and their parents are encouraged to report any instance of alleged bullying to staff members and the director of the camp, and such complaints will be properly investigated.

PACKAGES / FOOD AT CAMP

Packages at camp will only be accepted via the mail. We suggest you prepare your care packages ahead of time to ensure arrival at camp. To ensure the safety of our campers and staff, we ask that no packages are dropped off while the week of camp is in session.

When the mailboat arrives at our t-dock everyday it is a memorable moment for everyone waiting to see if they got a package.

Food Brought to Camp

Any food/drink brought to camp needs to be in **one** container no larger than 24"x18"x7" (32qt)

Food not in the appropriate container will be sent home with the adult who brought it.



Buy at Target



Buy at Walmart

FRIDAY PICK UP

Friday Afternoon Pick Up: 3:30 - 5:00 pm. If you arrive prior to 3:30 p.m. please remain in your car or check in at the office. This is to ensure the safety of all our campers. If you need to pick up your camper before 3:30 p.m. please call the camp office ahead of time.

A valid photo ID is required for pick up.

Lost and Found

You may call camp up to week after your stay concerning lost and found items. We will do our best to locate them but can't guarantee they will be found.

Don't send your best items.

All lost and found items not claimed a week after your stay are donated to a local charity.

We recommend you label all of your camper's items.

CONTACT INFORMATION

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Director
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Camp Phone 315-291-7031

Infirmery 319-291-7027

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