

2016 Leader In Training (Age 15)

Session	Dates	Cost
LIT 1	July 3-July 8	\$450.00
LIT 2	July 17-July 22	\$450.00
LIT 3	July 31-August 5	\$450.00

The Leader In Training (LIT) Program is open to 15 year olds who have an interest in developing their leadership qualities in an environment that encourages active participation and involvement through cooperative learning, outdoor leadership, teamwork and social interaction. This program will provide the participants with activities that will build their self-confidence, and allow them to acquire skills such as responsibility, problem-solving skills, respect, and trust. The LIT program will promote initiative problems, adventure based games and outdoor living skills that ultimately lead to mutual support within a group. Through this program our goal for the LIT's is to develop the ability to collaborate among their group, evaluate a situation and use good decision making skills. We will challenge the group to discover their physical and mental strengths and utilize those.

Please note it is not a requirement to have participated in this program in order to apply for a Counselor job when age appropriate (age 16), however it is highly recommended.

Skills/Activities

The LIT program will focus on outdoor leadership skills such as building campfires, cooking, setting up campsites, kayaking, swimming, hiking, ropes course and participation in large group games.

Out of Camp Trip

There will be an out of camp trip for 1-2 nights. The LIT's will be supervised and lead by our experienced staff members who are certified in CPR, Wilderness First Aid, Leave No Trace and Lifeguarding. The staff will have cell phones, LIT's **will not**. All participants will be required to have a hiking backpack, sleeping bag, proper clothing/outer wear and footwear.

Additional information on equipment and the parent permission form will mailed with the acceptance letter for each LIT selected.

In Camp Experience

The first 2 days and nights will be spent on Lourdes Camp property camping in a tent. LIT's will experience the ropes course, both high and low elements together as a group to establish their comfort zone and group dynamics. There will be hiking experiences to Carpenter's Falls on the West side of Skaneateles Lake and "our falls" up 10 Mile Creek.

Transportation

Program participants will be transported to and from the off site location by bus with staff members. A camp vehicle will also be available at the location.

Cost

The cost for the LIT experience is \$450 payable on the first day (Sunday) you arrive at camp. Make checks payable to Lourdes Camp LIT Program.

Consent and Liability Waiver

This form will be sent with be sent with the LIT acceptance letter. No one will be allowed to participate in the program without a completed form.

Dear LIT Applicant,

Thank you for your interest in the Lourdes Camp Leader In Training Program. This is a brand new program and we are excited to have the opportunity to offer it to some of our veteran campers who have aged out of the traditional Lourdes Camp experience, as well as any new 15 year olds that might be interested in participating in this new adventure.

Due to the popularity of our former CIT program we recommend that you complete this application and return to us no later than May 15th. We will begin the selection process on Monday, May 16th and once the slots are filled we will not be able to accept any late applications.

This application has an emphasis on your involvement in activities in your school community as well as your local community. We are looking for participants that take initiative and have a desire to get involved in activities beyond what is expected for typical teenagers. We want go-getters, team players, thinkers, and doers.

Please list the week(s) that you would like to attend at the beginning of the application. If you have any questions regarding the application process please call the Lourdes Camp office at (315) 424-1812.

LIT Application Process Checklist:

_____ Print LIT Application from website

_____ Participant - Complete Application in its entirety including:

-Required contact information

-Essay

_____ Parent-please read the General information section.

_____ Submit LIT Application as a complete packet to be received no later than May 15th

_____ Await Selection process results (mailed out week of May 23rd)

Sincerely,
Mr. Preston, Director
Lourdes Camp

4. Volunteer Experience in Community

Organization	Contact person name and phone number	Brief description of your responsibly

5. Church Involvement (any denomination) Please list any youth group participation, diocesan or parish retreats (any location).

Programs (list all since 2014)	Advisor Name and phone number	Diocese

6. Awards and Achievements (Examples include: class officer, student government, team captain, leadership roles. Please list all since 2012)

Awards, Honors, Achievements	School or Community Organization	Contact Person Name

7. Essay: On a separate sheet of paper, please explain **why** you want to participate in the LIT program? Please be sure to explain what you hope to gain from the program as well as what contributions you feel you can make to the experience.

The information provided in this application is true, correct and complete. If accepted, any misstatement or omission of fact on this application may result in dismissal from the LIT program. **This form must be signed for the application to be considered complete.**

LIT applicant (please print)

Signature of LIT applicant

Date

Signature of LIT parent/guardian

Date